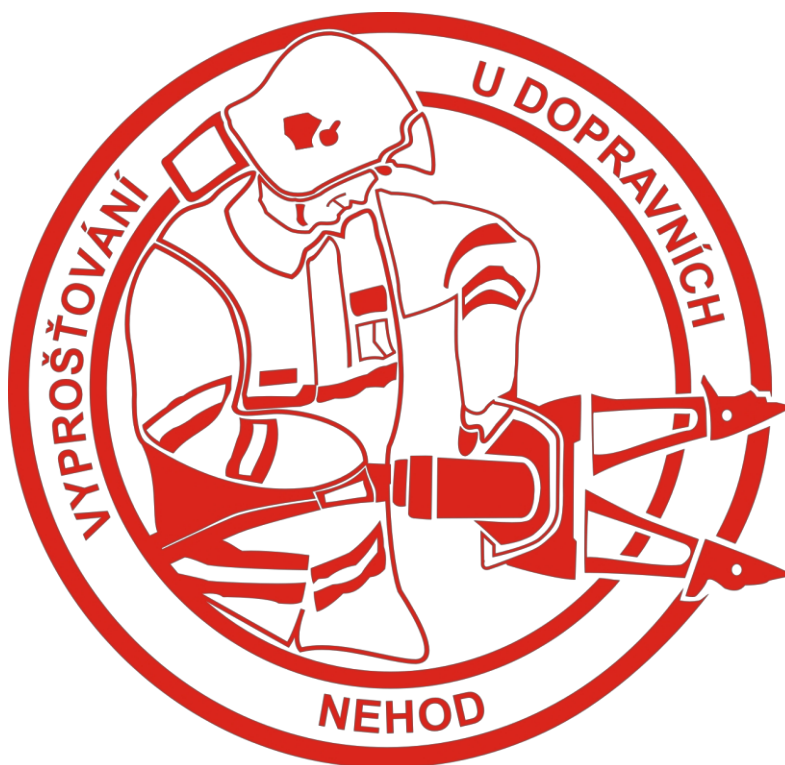




RULES

for the 2025 Road Accident Rescue Competition

Contents

Introductory provisions	3
Rule 1 Scope and Application of the Rules for Road Traffic Accident Rescue Competitions	3
Rule 2 Issuance and Interpretation of the Rules	3
Organisation of Competitions	3
Rule 3 Organisation of competitions	3
Rule 4 Participation in competitions	4
Rule 5 Competition Rules	4
Rule 6 Cancellation, postponement or suspension of a competition	4
Rights and obligations of competition staff	4
Rule 7 Competition Director	4
Rule 8 Panel of Judges	5
Rule 9 Organising Staff	5
Rule 10 Chief Referee	5
Rule 11: Assistant Referee	6
Rule 12 Referees and Organising Staff	6
Rule 13 Shadow Referee	7
Competition Format and Technical Provisions	8
Rule 14 Team Task	8
Rule 15 Drawing of the starting order	8
Rule 16 Scenarios	8
Rule 17 Extras and their injuries	9
Rule 18 Tools and Personal Protective Equipment	9
Rule 19 Preparation, start and completion of a competition attempt	9
Rule 20 Time limit	10
Rule 21 Safety during a competition attempt	10
Rule 22 Protests	11
Conducting the experimental test	11
Rule 23 Assessment	11
Rule 24 Scoring of sections	11
Rule 25 CRASH Extrication and Patient Death	11
Rule 26 Evaluation of the competition attempt	12
Rule 27 Determining the order of finish	12

Appendices

- Appendix 1: Procedure and assessment criteria for the ‘tactics of intervention’ category
- Appendix 2: Procedure and assessment criteria for the ‘techniques of intervention’ category
- Appendix 3: Procedure and assessment criteria for the ‘emergency medical care’ category
- Appendix 4: Assessment table for the ‘tactics of intervention’ category
- Appendix 5: Assessment table for the area of intervention technique
- Appendix 6: Assessment table for the area of medical assistance
- Appendix 7: Overall ranking

Introductory Provisions

Rule 1

Content and Scope of the Rules for Road Traffic Accident Rescue Competitions

- (1) The Rules for Road Traffic Accident Rescue Competitions (hereinafter referred to as the ‘Rules’) are governed, in their general provisions, by Directive No. 11/2018 of the Director-General of the Fire and Rescue Service of the Czech Republic, which issues the ‘Regulations for Physical Training Competitions of the Fire and Rescue Service of the Czech Republic’ (hereinafter referred to as “Regulations”). The Rules constitute a summary of specific organisational guidelines and principles, technical conditions and other provisions.
- (2) The Rules apply to the Czech Republic Road Traffic Accident Rescue Championship (hereinafter referred to as the “Championship”) and all qualifying rounds of competitions organised or co-organised within the framework of the Fire and Rescue Service of the Czech Republic (hereinafter referred to as “HZS ČR”).
- (3) The relevant regional fire and rescue service (hereinafter referred to as the ‘Fire and Rescue Service’) acts as the guarantor for all competitions organised by fire and rescue units.
- (4) Rescue competitions may only be judged by referees with valid qualifications.

Rule 2

Issuance and Interpretation of the Rules

- (1) The rules are issued and interpreted by the Ministry of the Interior – General Directorate of the HZS ČR (hereinafter referred to as “Headquarters”). The rules, their interpretation and other related information are published by the Headquarters on its website.
- (2) Matters relating to the rules are assessed by the Physical Training and Sport Committee, established by the Director-General of the Fire and Rescue Service of the Czech Republic, in cooperation with the ‘Extrication’ working group established in accordance with Directive No. 11/2017 of the Director-General of the Fire and Rescue Service of the Czech Republic, on the activities of fire and rescue units during extrication operations at road traffic accidents, and with the Czech Association of Fire Service Officers, z. s.

Organisation of competitions

Rule 3

Organisation of competitions

- (1) Competitions are organised in accordance with legislation and internal management regulations ¹⁾. In terms of their content and focus, they fall within the scope of specialised physical training.
- (2) Competitions may be organised as separate events or jointly for individual types of fire protection units ²⁾ (hereinafter referred to as ‘fire protection units’). For the purposes of these rules, competitions and competitors are classified into the following categories:
 - a) professional firefighters; regional and corporate fire service teams,

¹⁾ E.g. Section 72 of Act No. 133/1985 Coll., on fire protection, as amended; Section 38 of Decree No. 247/2001 Coll., on the organisation and activities of fire protection units; Directive of the Director-General of the Fire and Rescue Service of the Czech Republic No. 11/2018, laying down the Rules for Physical Fitness Competitions of the Fire and Rescue Service of the Czech Republic.

²⁾ Section 65(1) of Act No. 133/1985 Coll., as amended.

- b) volunteer firefighters; teams from volunteer fire brigades (hereinafter “VFB”) of municipalities and enterprises.

Rule 4

Participation in competitions

- (1) Participation in competitions is governed by Article 7 of the Regulations.
- (2) A competition team (hereinafter referred to as ‘the team’), comprising a commander and three firefighters, takes part in the qualifying rounds of competitions and championships.
- (3) In qualifying competitions and championships, teams from municipal voluntary fire brigades shall consist solely of members of those municipal voluntary fire brigades. One member of these teams may be a member or employee of the Fire and Rescue Service of the Czech Republic or an employee of a company’s fire and rescue service.

Rule 5:

Competition Rules

- (1) The competition rules generally comply with Article 8 of the Regulations.
- (2) The competition rules for the championship are issued by the organiser well in advance (at least 5 weeks).
- (3) The general and technical provisions shall also include, in particular:
 - c) the method of storing equipment before the start,
 - d) the procedure for the start and end of a competition attempt,
 - e) the method of ensuring communication with the ‘operations centre’,
 - f) the method of monitoring communication with the decoy,
 - g) the method of simulating injuries to the simulated victims.

Rule 6

Cancellation, postponement or interruption of the competition

- (1) The cancellation, postponement or suspension of the competition is generally governed by Article 10 of the Rules.
- (2) The organiser may, in particular, cancel the competition, postpone the start, suspend a competition that has already begun, or declare a break if adverse weather conditions (heavy rain, strong wind, sudden darkness) disrupt the course, fairness and safety of the competition.
- (3) If a competition attempt has been suspended pursuant to Rule 6(2), the competing team is entitled to a new attempt.

Rights and obligations of competition officials

Rule 7

Competition Director

The Competition Commander shall generally be governed by Article 15 of the Regulations and, furthermore:

- a) is responsible for the preparation and conduct of the competition,

- b) appoints the chief referee of the competition (hereinafter referred to as the 'chief referee'),
- c) is responsible for sending the results lists showing the overall rankings, including supplementary information, to the General Directorate. The organiser shall send the results lists no later than 14 days after the end of the competition.

Rule 8

Panel of Judges

(1) The panel of judges shall consist of members or employees of the Fire and Rescue Service of the Czech Republic (HZS ČR) or employees of HZS-affiliated organisations with the relevant qualifications.

At local, district and cup competitions, part of the panel of judges may be supplemented by former members who are members of ČAHD z. s. with valid qualifications. They may not hold the position of chief judge.

(2) The Referees' Panel is appointed by the Chief Referee.

(3) The panel of judges consists of:

- a) the chief referee,
- b) the chief referee's assistant,
- c) 3 referees to assess the tactics of the intervention,
- d) 3 judges for assessing the 'intervention technique' category,
- e) 3 judges for assessing emergency first aid,
- f) and, where applicable, shadow judges.

(4) The total number of judges may be adjusted by the organiser (in consultation with the chief judge) taking into account the total number of teams and competition stations.

(5) Minimum number of judges at the competition:

- a) chief judge,
- b) 2 judges for the 'intervention tactics' category,
- c) 2 judges for assessing the 'intervention technique' category,
- d) 2 judges for assessing emergency first aid.

(6) During competition attempts, two judges in each category always assess the performance together, and one of the pair then conducts a debriefing of the attempt with the team.

Rule 9

Organisational staff

To ensure the smooth running of the competition, the following staff members must be deployed as a minimum:

- a) 1 staff member to position the manikins,
- b) 1 staff member for setting up scenarios,
- c) At least 2 extras.

Rule 10

Chief Judge

Chief Referee:

- a) is responsible for appointing and managing the panel of judges,

- b) is responsible for the judging and conduct of the competition in accordance with the rules and regulations,
- c) decides on all matters relating to the judging and technical conduct of the competition that arise during the course of the competition and which are not expressly covered by the rules; in the event of a serious breach of health and safety, is obliged to immediately alert the team to the fault or to suspend the competition attempt;
- d) is competent to rule on any disputes that may arise, and his decision is final,
- e) if they observe inappropriate behaviour by competitors or a gross breach of the rules, they have the right to propose to the competition director that the team be excluded from the competition;
- f) if, for health and safety reasons, the attempt cannot continue, they have the right to terminate that competition attempt,
- g) checks the scoring sheets, assesses compliance with the time limit and signs the competition results sheets.
- h) holds the VDN referee qualification.

Rule 11

Assistant to the Chief Judge

Assistant to the Chief Referee:

- a) checks the teams' preparations,
- b) is responsible for isolating the team prior to the competition attempt (see Rule 19(2)).
- c) holds a VDN referee qualification.

Rule 12

Referees and organisers

(1) Judges assessing the 'tactics of intervention' category:

- a) assess the execution of the competition attempt in the area of intervention tactics,
- b) record their assessment in the assessment tables,
- c) in the event of a serious breach of safety regulations, they are obliged to immediately alert the team to the error or to suspend the competition attempt,
- d) in consultation with the chief judge, they may request an adjustment to the scenario before the attempt begins,
- e) before the competition attempt, they hand over to the team leader the equipment required to ensure communication with the 'operations centre' and carry out a connection test,
- f) during the competition attempt, they communicate with the team leader (simulating communication with the 'operations centre' and acting on behalf of the integrated rescue system units),
- g) holds a VDN judge's qualification.

(2) Referee for assessing the 'intervention technique' category:

- a) assesses the performance of the competition attempt in the area of intervention technique,
- b) records the assessment in the assessment tables,
- c) in the event of a serious breach of health and safety, is obliged to immediately alert the team to the error or to suspend the competition attempt,
- d) in consultation with the chief judge, may request an adjustment to the scenario,

- e) checks the team's technical equipment for the competition attempt,
- f) during the competition task, acts on behalf of the integrated rescue system units,
- g) holds a VDN judge's qualification.

(3) Referee for assessing the emergency first aid category:

- a) assesses the performance of the competition task in the area of emergency first aid,
- b) records the assessment in the assessment tables,
- c) in the event of a serious breach of health and safety, is obliged to immediately alert the team to the error or to suspend the competition task,
- d) in consultation with the chief judge, may request an adjustment to the scenario prior to the competition task,
- e) checks with the actor placement officer regarding the actor's position in the vehicle and the specified extent of injuries, checks the actor's position in the vehicle and, if necessary, adjusts the extent of the injuries,
- f) before the competition attempt, they shall check that the communication link with the dummy is working,
- g) during the competition attempt, they represent the components of the integrated rescue system.
- h) holds a VDN judge's qualification.

(4) Dummy Placement Judge:

- a) Places the dummies in the vehicle and determines the extent of their injuries, in accordance with the prepared scenario,
- b) disguises the actors,
- c) co-operates with the judge responsible for assessing the emergency first aid section,
- d) holds a VDN judge qualification.

(5) Scenario design judge:

- a) in collaboration with the chief judge, prepares various types of scenarios for the competition,
- b) modifies vehicles for scenario construction,
- c) works closely with the technical team,
- d) is responsible for the safe set-up of the scenario,
- e) holds a VDN judge's qualification.

(6) Stunt Performer:

- a) appropriately simulates a pre-determined injury as part of the scenario,
- b) co-operates in the assessment of the competition attempt, in particular with the judge responsible for assessing the emergency first aid section,
- c) holds a VDN judge's qualification or is a graduate of the NZP course

Rule 13

Shadow Judge

(1) A shadow judge is a candidate for inclusion in the specialist training programme for judges.

(2) A shadow judge may be a member or employee of the Fire and Rescue Service of the Czech Republic (HZS ČR) or an employee of a company's fire and rescue service with at least 5 years' practical experience in fire and rescue operations. A shadow judge must be assessed on an individual basis, taking into account their personal qualities and aptitude for teaching and leadership roles within a team.

(3) The shadow judge actively assesses and evaluates the performance of the competition attempt in collaboration with the judges.

(4) In selected cases (local, district or regional rounds, cup competitions), a road traffic accident rescue instructor who is preparing to obtain the VDN judge's qualification may also act as a shadow judge, subject to the chief judge's approval.

Competition procedure and technical regulations

Rule 14

The team's task

(1) The team's task is to safely and effectively extricate the victims from the prepared scenario using the technical and material fire-fighting equipment employed by fire brigades (hereinafter referred to as 'equipment') in accordance with tactical and professional procedures.

(2) The rescue also includes providing emergency first aid appropriate to the victim's injuries, transporting the victim to a location simulating an ambulance, and handing the victim over to the judge designated to assess the emergency first aid section.

Rule 15

Draw for the starting order

Before the start of the competition, a briefing will be held for team captains and judges, and a draw will be conducted to determine the starting order for the pre-prepared scenarios (which are kept secret from the teams), or for groups of judges, etc.

Rule 16

Scenarios

(1) For the purposes of the competition, vehicles and additional obstacles will be adapted in accordance with pre-prepared scenarios, which are based on knowledge gained from real-life interventions at road traffic accidents.

(2) An obstacle marked with the words 'Fixed obstacle' will be sufficiently stable to be used as an anchor point for stabilisation – without movement.

(3) The scenarios may also include props such as imitation weapons, medicines, drugs, valuables, and the camouflage of actors playing patients, etc.

(4) A scenario set within a designated area simulates the real-life conditions of road traffic accident response operations.

(5) Individual scenarios are usually assigned in advance to a randomly drawn starting order and are kept secret from the team until the start of the competition attempt.

Rule 17

Simulation victim and their injury

- (1) A simulated casualty, representing a person with a pre-determined injury, is positioned as part of the scenario. The number of simulated casualties may be increased, in which case this must be stated in advance in the competition rules or during the briefing of the teams.
- (2) The victim must wear the necessary protective equipment, at the very least to protect their eyes and ears, which will be provided by the organiser. The judge responsible for assessing emergency medical care may, prior to the competition attempt, appropriately adjust (simulate) the specified extent of the victim's injuries – or, where necessary, adjust their position or placement.
- (3) As part of the scenario, the victim may be supplemented by a training manikin. A description of the condition must be clearly displayed on the manikin.
- (4) The patient is dressed in civilian clothing.

Rule 18

Equipment and Personal Protective Equipment

- (1) Each team uses tools and standardised personal protective equipment ³⁾for responding to road traffic accidents: three-layer protective clothing, protective footwear, protective gloves, a firefighter's helmet, including a multi-purpose universal helmet designed for search and rescue, extinguishing forest and other fires, road traffic accidents and technical assistance, eye protection, single-use medical gloves, respiratory protection (FFP2 and FFP3 respirators, neck gaiters with a nanofibre membrane), (hereinafter referred to as 'personal equipment').
- (2) Each team may only use personal equipment and tools that comply with the stipulated regulations, technical conditions, technical standards or international technical rules.
- (3) The use of technical equipment not included as standard in the CAS, TA and RZA kits is prohibited.
- (4) Each team shall use a transparent protective film to protect personnel from glass fragments and dust.

Rule 19

Preparation, start and completion of the competition attempt

- (1) All tools necessary for carrying out the competition attempt are located in the tank fire engine. In exceptional cases, the CAS may be replaced by a TA or RZA for a 1+3 crew.
- (2) Start of the competition exercise
From the vehicle
 - a) The team is directed to a pre-designated area prior to the scenario being set up. There, on the organiser's instruction, the team puts on their PPE. They leave the isolation area on the organiser's instruction with their lights on

³⁾ Directive of the Director-General of the Fire and Rescue Service of the Czech Republic No. 38/2014, laying down the conditions for the provision of personal protective equipment to members and civilian staff of the Fire and Rescue Service of the Czech Republic, as amended by Directive of the Director-General of the Fire and Rescue Service of the Czech Republic No. 58/2014.

with their warning lights on but without the siren activated. The vehicle shall travel at a speed that does not obstruct or endanger the organisers or spectators, and which allows it to stop safely within the designated area. The stopwatch is started when the first member of the competition team steps out of the vehicle.

From the holding area

b) The emergency vehicle is positioned at the competition attempt site. The engines are not started, nor is any other technical equipment switched on (lighting, etc.); the vehicle (cab and superstructure) is locked. The team is then led to a designated area, known as the 'isolation zone', prior to the scenario being set up. There, the team puts on their PPE and, on the organiser's instruction, begins the trial. The stopwatch is started when the first member of the competition team runs out of the isolation zone.

(3) In the isolation area, the use of any communication devices other than the supplied radio sets is prohibited, to prevent the competition team from being informed of the scenario being prepared.

(4) Throughout the operation, the fire engine's beacons and light bar, if fitted, must remain switched on.

(5) The competition attempt is concluded in a standardised manner as set out in the competition rules, or as specified during the team briefing.

(6) The competition attempt is concluded by the team commander. Part of the competition attempt involves handing the victim over to the judge at the designated location for assessment in the emergency medical care section.

(7) The timing stops when the competition attempt ends.

(8) Faults or malfunctions with tools, or any injuries sustained by team members, do not constitute grounds for repeating the competition attempt.

Rule 20

Time limit

(1) The basic time limit for the team to complete the tasks is 20 minutes.

(2) The time limit is measured in accordance with Rule 19(2)(a) and (b).

(3) For every 30 seconds or part thereof, 3 points are added to the overall score.

(4) If the time limit is exceeded by 15 minutes, the incident commander may decide to carry out a CRASH extrication in accordance with Rule 25.

(5) During a CRASH extrication, the patient is not handed over to the emergency medical care judge, but is simply transported out of the crashed vehicle. Once the patient has been placed in the designated area by the emergency medical care judge, the incident commander brings the attempt to a close.

(6) If the 20-minute time limit is exceeded, the competition attempt is terminated and the team is placed last in the rankings. The team is penalised 500 points.

(7) The final time and score are confirmed by the chief judge.

Rule 21

Safety during the competition attempt

(1) The judge monitors the competition attempt and assesses the team within the designated area. If a serious breach of safety procedures is detected, the judge is obliged to immediately alert the team to the error or to interrupt the competition attempt.

(2) A competition attempt is interrupted by a clear verbal warning, a whistle blow or the loud command 'STOP'. Upon this signal, competitors are obliged to stop what they are doing. The team may only continue once the safety hazard has been rectified and upon instruction from the referee who interrupted the competition attempt. The stopwatch is not stopped.

(3) An attempt may also be interrupted by the 'STOP' verbal warning given by the simulated patient. This is due to a risk to the simulated patient. Upon this signal, competitors are obliged to cease their activities. The team may continue only after the hazard has been rectified and upon the referee's instruction. The timer is not stopped.

(4) If, for safety reasons, the competition attempt cannot be completed, the chief referee shall terminate the attempt.

Rule 22

Protests

Protests will not be accepted.

Evaluation of the competition attempt

Rule 23

Evaluation

(1) The competition attempt is assessed in three areas, namely:

- a) the tactics of the operation,
- b) the technique of the intervention,
- c) in the area of emergency first aid.

(2) The procedure and assessment criteria are set out in the appendix.

(3) The assessment tables are set out in the appendix.

Rule 24

Scoring

(1) The overall assessment consists of a points score from three areas and a points score for the time taken to complete the task. Penalty points are awarded for errors made by the team during the competition task.

(2) In the event that a team commits an error that could cause serious injury or 'death' to the participants, the tactics judge will reduce the number of participants by one. The team continues with a team size of 1+2 and is penalised 50 points.

Rule 25

CRASH rescue and patient death

CRASH Extrication

If the team's efforts do not result in the successful extrication of the patient within the time limit, the incident commander may proceed in accordance with Rule 20, paragraphs 4 and 5. The extrication of the patient is penalised by 220 points; the quality of the extrication is not assessed, and the patient is not handed over. By the twentieth minute, resuscitation is performed on a manikin placed at a pre-determined location. For the resuscitation to be assessed, it must last for a minimum of 30 seconds and a maximum of 2 minutes.

Death of a patient

Failure to perform life-saving procedures within the time limit is penalised with 550 points.

Rule 26

Evaluation of the competition attempt

- (1) During the competition attempt, the judges record their observations and findings regarding the performance of individual tasks. Once the competition attempt has ended, the judges and the team carry out an evaluation of their performance.
- (2) Only the judges concerned and team members take part in the evaluation of the competition attempt.
- (3) The results (total number of points) may be published on a public notice board after the attempt has been completed.
- (4) No record is kept of the analysis carried out.

Rule 27

Determination of Rankings

- (1) Rankings in individual categories are determined on the basis of the total points scored across all assessment categories, including the time taken. The lowest total points score indicates the best ranking in the relevant category. Teams with the same total points score are ranked equally in that category.
- (2) The assessment of teams in the individual areas (tactics of the operation, technique of the operation, emergency first aid) is carried out jointly by the judges, who are divided into pairs as a minimum. These pairs of judges must agree on the marks awarded to a team in each assessment area. They record the marks in pre-prepared assessment sheets.
- (3) The overall ranking of the teams is determined based on the sum of the points awarded for all assessment areas (tactics of the operation, technique of the operation, emergency first aid) and the points for the time achieved. The lowest number of points scored indicates the best overall ranking. In the event of a tie, the final time is the deciding factor. In the event of a tie in both points and time, the number of higher rankings in the individual areas is the deciding factor.
- (4) The data contained in the individual assessment tables is not published. If required, the organiser can provide a team's results.